The quarter sizing test is to make sure the whole page is the correct size

THE PAPER TEST

For proper sizing, use our tape measure, to measuring the circumference of your wrist just above the hand. Place your smallest finger between your wrist and the tape measure to allow for slack.

SCREW CUFFS	CUFFS	BRACELETS	WATCHES & WATCH STRAPS
Small: Up to 6 Inch Wrist Medium: Up to 7 Inch Wrist Large: Up to 8 Inch Wrist	Small: Up to 6 Inch Wrist Large: Up to 7 Inch Wrist	Small: Up to 6 3/4 Inch Wrist Medium: Up to 7 3/4 Inch Wrist (Most Popular Size) Large: Up to 8 3/4 Inch Wrist	Small: Up to 6 3/4 Inch Wrist Medium: Up to 7 3/4 Inch Wrist Long: Up to 8 3/4 inch Wrist

TIPS: Be careful not to wrap the paper too tight. Aim for a comfortable, snug fit. For the most accuracy, have someone help you measure. Double check for accuracy.

THE RING TEST



For accuracy

- 1. Page must be printed at 100% on your printer settings
- 2. Place a quarter over the picture to the left. Your quarter should not cover the black $\,$

STEP1	STEP 2	STEP 3	STEP 4	STEP 5
Print our chart of ring size circles.	Overlay your existing ring on the circles.	Place the ring on top of each circle until you find a perfect match.	The match should perfectly fit the inside of the ring.	Double check for accuracy.
	SIZE 5 SIZE 6	SIZE 7	SIZE 8 SIZE	9
	SIZE 10	SIZE 11	SIZE 12	

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